

September 2019 Regular Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  Closed for Labor Day	<b>3</b>  Kielbasa W/ Sauerkraut Pierogies W/ Sour Cream Carrots- Sliced Mixed Green Salad W/ Tomato Club Roll- Sliced Fresh Orange	<b>4</b>  Stuffed Peppers W/ Marinara Confetti Rice Cauliflower Florets Lentil Soup Pumpnickel Bread Yogurt- Ind.	<b>5</b>  Cheese Pizza HD: Tortellini W/ Pesto Cream Spinach & Mushrooms Peppers & Onions Green Salad W/ Cucumber Multigrain Bread Chocolate Pudding- Ind.	<b>6</b>  Chicken Cordon Bleu Mashed Potatoes Green Beans Chicken Noodle Soup Whole Wheat Dinner Roll Fruit Cup- Ind.
<b>9</b>  Teriyaki Chicken Brown Rice Asian Blend Vegetables Macaroni Salad Rye Bread Mandarin Oranges- Ind.	<b>10</b>  Tuna Salad Spiral Pasta Salad Lettuce & Tomato Vegetable Soup Kaiser Roll- Sliced Jello- Ind.	<b>11</b>  Pot Roast W/ Mushroom Gravy Mashed Sweet Potatoes Mixed Vegetable Blend Four Bean Salad Whole Wheat Dinner Roll Applesauce- Ind.	<b>12</b>  Meatloaf W/ Gravy Roasted Red Potatoes Brussel Sprouts Beef Barley Soup Whole Wheat Bread Fruit Salad	<b>13</b>  Turkey W/ Cranberry Autumn Stuffing Sugar Snap Peas Cucumber Salad Pumpnickel Bread Yogurt- Ind.
<b>16</b>  Cheeseburger Baked Beans Lettuce, Tomato, Onion Potato Salad Whole Wheat Hamburger Bun Ice Cream- Ind.	<b>17</b>  Stuffed Shells W/ Marinara Italian Blend Vegetables Zucchini & Stewed Tomatoes Tuscan Bean Soup Multigrain Bread Yogurt- Ind.	<b>18</b>  Pork Loin W/ Pineapple Salsa Black Beans Peppers & Onions Shredded Lettuce Sour Cream 6" Whole Wheat Tortilla Fresh Orange	<b>19</b>  Chicken Stuffed W/ Broccoli Mashed Potatoes French Green Beans Spinach Salad W/ Cranberries Whole Wheat Dinner Roll Fruit Cup- Ind.	<b>20</b>  Beef Stroganoff Wide Noodles Sweet Peas Ratatouille Salad Whole Wheat Bread Italian Ice- Ind.
<b>23</b>  Pork Medallion W/ Cherry Sauce Quinoa Pilaf Broccoli Marinated Beet Salad Butternut Squash Soup Whole Wheat Dinner Roll Fresh Orange	<b>24</b>  September Celebration BBQ Chicken Sandwich Corn Niblets Mushrooms & Onions Coleslaw Whole Wheat Hamburger Bun Birthday Cake	<b>25</b>  Senior Walk Turkey W/ Swiss Potato Salad Lettuce & Tomato Whole Wheat Bread- 2 Slices Fruit Cup- Ind. Sugar-Free Cookies- Ind.	<b>26</b>  Cheese Omelet W/ Salsa Diced Potatoes Sausage Patty Ambrosia Salad Pumpnickel Bread Yogurt- Ind. Orange Juice	<b>27</b>  Stuffed Cabbage W/ Marinara Roasted Red Potatoes Carrots- Coined Minestrone Soup Rye Bread Fruit Salad
<b>30</b>  Beef Chili Confetti Rice Kale Caesar Salad Corn Muffin Yogurt- Ind.				<b>Please note that all menus:</b> -May change due to unforeseen circumstances -Include 8oz. 1% milk and 4oz 100% juice. -HD and diabetic clients will receive light or sugar-free desserts only.